Upward Bound provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in their precollege performance and ultimately in their higher education pursuits. Upward Bound serves: high school students from low-income families; and high school students from families in which neither parent holds a bachelor's degree. The goal of Upward Bound is to increase the rate at which participants complete secondary education and enroll in and graduate from institutions of postsecondary education.

- Upward Bound met the goal of serving 100% of the student population. The Dixie State University grant is funded to serve 90/90 participants for 100% overall percentage.
- Two-thirds of the participants served during the project should be low-income and potential first generation. Exceeded goal with 86.66% of participants meeting these criteria.
- DSU Upward Bound had a goal for 70% of our participants served during the project year to have a cumulative GPA of 2.5 or better on a four-point scale at the end of the school year; 96.66% of participants met or exceeded this goal.
- DSU Upward Bound set a goal for 80% of UB Senior served during the project year to achieve at the proficient level of state assessments in reading/language arts and math; 94.11% of participants met or exceeded this goal.
- DSU Upward Bound set a goal for 85% project participants served during the project year to have a cumulative GPA of 2.5 or better on a four-point scale at the end of the school year; 98.88% of participants met this goal.
- DSU Upward Bound set a goal for 90% of all current and prior-year UB participants who graduated from high school during the school year with a regular secondary school diploma will complete a rigorous secondary school program of study. 100% of participants met this goal.
- DSU Upward Bound set a goal for 85% of all current and prior-year participants who graduated from high school during the school year with a regular secondary school diploma will enroll in program of postsecondary education by fall term immediately following high school graduation, or will have received notification by the fall term immediately following high school from institution of higher education of acceptance but deferred enrollment until next academic semester. 85.71% of participants met this goal.
- DSU Upward Bound set a goal of 30% for participants who enrolled in program of postsecondary education, by fall term immediately following high school graduation or by next academic term (e.g. spring term) as a result of acceptance but deferred enrollment, will attain either an associated or bachelor’s degree within six years following graduation from high school. 54.54% of participants met this goal.